Upcoming Events

14 September
Year 7/8 Oz-Tag

16 September
HSC Music Exam
Drama Room

22 September
Year 12 Presentation
Assembly & Reports
Distributed

Message from the Principal

2017 School Captains and Vice Captains
Congratulations to Sophie Duruz and James Rhodes 2017 School Captains and to Lachlan Walter and Isabella Masia Vice Captains, proudly supported by the Senior Leadership Team including Nathan Boler, Bronte Fenech, Georgia Forrest, Chloe Self and Casey O’Connell. A fabulous group of young people who will lead the Student Body with great enthusiasm and passion for their school. Well done!!!

Year 12
As the term comes to an end I would like to wish our 2016 year 12 students all the very best of luck in the upcoming HSC exams. They have worked incredibly hard and after 13 years of education they sit their final exams. On behalf of the school community I wish them every success now and in the future. Always be proud to have been a student at Erina High School.

Year 11
Weeks 9 and 10 will see year 11 students commence their final preliminary exams and I also wish them the best of luck as they complete this stage of the senior school. Successful completion of the preliminary course will allow students’ progress to the HSC year which will commence week 4 next term.
Staff

Thank you all of our staff for their hard work throughout the term and especially to our HSC teachers who have ensured our students are well prepared for the final exams. Students who have completed a HSC with a practical component have received countless hours of additional support from their teachers to perfect their major works in Art, Textiles, Industrial Technology, Timber and Multi-Media, performances in Drama and Music and extensive Personal Interest Projects in Society and Culture. Not to mention the countless drafts that have been edited by staff in English, the Humanities and extra tuition in Mathematics refining practical skills in Hospitality and Construction and the many courses that have provided additional revision work. It has indeed been a huge effort for staff and students and on behalf of year 12 I express our thanks and appreciation to the staff that have gone over and above to ensure our students have every opportunity to be successful!!
Enjoy the spring break and take the opportunity to spend time with family and friends and be safe!

School resumes on Monday 10 October for all staff and students. We do not have a school development day at the start of the term as it is held at the end of the term on Monday 19 December which is a student free day. Term 4 for students concludes on Friday 16 December.

Yours Sincerely

Mrs Karen Nicol
Principal
Junior English students are coming to the end of their Area of Study units. Students have studied a variety of texts in relation to their specific topic, and will use the content learned to structure an essay that highlights a particular aspect of the focus area. Essays will be written during an allocated English lesson and students will have 50 minutes to complete this task.

Year 7 English students will compose an essay about the theme of fear in Edgar Allan Poe’s The Tell Tale Heart. Year 8 English students are focusing on the topic of Multiculturalism and will write their essay about one core text and one related text studied in class. Year 9 English students are focusing on Aboriginal Experience and will write their essay about the film Rabbit Proof Fence and one related text. Year 10 English students are focusing on the topic of power and will write their essay about one core text and one related text studied in class.

Year 11 English students are about to begin their Preliminary Yearly Examinations, from Monday 12 September until Wednesday 21 September.

Year 12 English students have recently completed their Trial HSC Examinations, and are now revising and studying for their final HSC Exams. Their continued dedication and positive approach to study is admirable and we wish them all the best as they embark on the final challenge of the HSC Examinations.

Year 12 Drama students have just completed their HSC Practical Performance Exam. We are extremely proud of their effort and achievement, and thankful for their amazing commitment to this subject. They have proven themselves to be impressive performers and their dedication and talent has been evident. Congratulations Year 12 Drama!
The trip began at Erina High School on Wednesday morning the 31 August. The sun was shining and clear skies were ahead. The Year 10 PASS group were headed to the Olney State Forest, near Cooranbong, and Mr Jones was the bus driver getting us there. Miss Walsh drove back up in her car. We went to the Watagans to practice the skills that we had learned in Year 9 during our Outdoor Recreation unit. We cooked over open fires, pitched out own tents and went for a walk through the forest. The cry of “Bato Yard” was often heard, which usually ended with some of the boys practising their wrestling skills in tents. For some, it was the highlight of the trip. Everyone did a good job as campers, and Bailey Little was quoted as saying “this was the best school trip he’d been on”

Thanks Mr Jones and Miss Walsh for putting up with us.

Caine Linhart (Bato Yard camper)

UNDER 15’S GIRLS BASKETBALL

On the 25 August, Erina High’s Under 15 Girls Basketball Team travelled to Terrigal Sports Stadium for rounds 3 and 4 of the 2016 knockout competition. Facing Brisbane Water Secondary College in round 3 the girls played extremely well and managed to come away with a 5 point victory. Led by Maddison McVey and senior team members Paris Edwards and Tiarna Holmes, Erina built an early lead they never relinquished, while a few clutch baskets by Ruby Smith ended any hopes BWSC had of a comeback.

Round 4 saw Erina come up against a much more experienced Cammeraygal team who had a convincing near 40 point win earlier in the day. The girls did a tremendous job of dictating the game’s tempo in the early going and possession-wise managed to gain a significant advantage. However, Erina just couldn’t seem to buy a basket for the majority of the game and unfortunately fell into a hole too deep to climb out of, eventually losing and therefore ending their 2016 Under 15 campaign.

Despite having arguably the youngest team in the competition, the girls played hard every possession and displayed great teamwork throughout both games. Expect good things to come in the future for this talented bunch of young girls. MVP for the day again went to Maddison McVey, while the coaches award went to Tasmin Hill who managed to keep the girls motivated and upbeat from the bench despite being out with a lower leg injury. Special mention to Lachlan Bathis and Declan Kennedy who helped out with bench duties.


Coach Saisell
This Term, our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ and carers’ perspectives on their child’s experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school’s support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 22 August and 21 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated. The link to the survey for Erina High School Parents is https://nsw.tellthemfromme.com/erinaparents2016

We invite and encourage all parents of students at Erina High School to take part in this important feedback opportunity. More information about the survey is available at: http://surveys.cese.nsw.gov.au/information-for-parents

**PARENT LEARNING USER GROUP – GOOGLE APPS**

The scheduled date for the Term 3 PLUG has been moved to the 14 September, from 7pm – 8pm. This workshop is a chance to explore the Google Apps suite that many students at Erina High School are using as part of their learning. If you are interested in attending, please complete this short survey. https://goo.gl/ialjWx

There will be a lucky door prize drawn as well!

**YEAR 7/8 BOYS AND GIRLS TOUCH FOOTBALL**

Well done to both our Boys and Girls Year 7/8 Touch Football sides who competed in the Annual Central Coast Touch Football Tournament held at Adcock Park, West Gosford.

Our boys teams came away with wins against St Phillips, Wadalba and Lisarow and had a very tight 2-2 draw with BWSC. Our boys finished 2nd in their pool and went on to verse Kariong in the finals. Unfortunately our boys lost in a very close game 3-1.

Our girls also performed extremely well coming away with wins against Gorokan, Northlakes, Wyong and BWSC. Our girls also finished 2nd in their pool and then came up against Terrigal in the finals. Our girls never gave up and demonstrated some outstanding skills however, they went down 3-1.

Well done to both teams. They represented Erina with pride and built an excellent foundation for next year.

Go Erina!

Mr Keyes
VALID 10

Year 10 students have been completing their on-line Science assessments to provide a clearer picture of their progress in Science Investigative skills. This is a multimedia test where students examine experimental results and video articles of a scientific nature. It helps us to revise our programs and better meet the individual requirements of students.

We have been developing a more exciting way of assessing students as a result of the surveys and information provided from past Valid10 assessments. The new assessment tasks will be trialled this year and will be in operation in 2017.

Brian Huntington

YEAR 9/10 NETBALL

The 9/10 Girls Netball team had an amazing day at Adcock Park Friday 26 August. The girls were nervous going into their first match against Kincumber but they were victorious with a 12-7 win. The girls went on to defeat Wadalba 16-12, Ryde 11-7 and finished off the day with a huge 19-6 win over Lisarow.

Well done to all of the girls who represented EHS and special thanks to Janai Edwards and Georgia Forrest who volunteered their time to umpire and score for the day.

Go Erina!
Miss Moore
HOME ECONOMICS FACULTY

Year 11 Textiles have completed their assessment task where they constructed a corset which involved fabric colouration and surface decoration. Year 11 Food Technology also planned and prepared a variety of meals which would be suitable for a large extended family taking into consideration the nutrient requirements across the varying age groups. Year 9 Food Technology were entertained by a couple of “guest head chefs” (Jordan Hood and Sam Hughes) who demonstrated their skills in preparing Chocolate Baskets. Yr 7 Technology Mandatory students have been busy sewing aprons ready for their foray in the Kitchen next term.

Mrs Adamski
A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD’S HEALTH

We strongly encourage parents to provide updated information about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs are changing or if a new health condition develops.

Erina High School is currently updating student Health Care Plans and Emergency Response Plans to ensure they remain up to date with WHS and DoE requirements. If you have indicated that your child has a health concern, such as asthma or an allergy, you will be sent a letter which outlines the current documentation required by the Department of Education. Please read this information carefully. In some cases, parents will be required to provide Action Plans or supporting documentation by a doctor or a health care professional. Failure to provide the required documentation will result with a referral to the Westmead Children’s Hospital Community Nurse. Students without current health care plans may be prevented from participating in some school based and extra-curricular activities.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.

Parenting Programs
Wyoming Schools as Community Centres
In the grounds of
Wyoming Public School
Registrations: Contact Philippa on
0477 317862 or
e: philippa.skipper@det.nsw.edu.au

Family Counselling/relationships
Interrelate Erina
213 The Entrance Rd, Erina NSW 2250
Phone: (02) 4363 8050

Counselling, Mediation & Dispute Resolution, Support for Carers, Support for Indigenous Communities, Family Mental Health, Personal Helpers and Mentors

UNIFAM COUNSELLING AND MEDIATION SERVICES
Street Address: Lvl 2, 15 Watt Street, Gosford 2250 Phone: (02) 4325 9666
Email Address: gosford@unifamcounselling.org

Service Description: Family counselling, mediation, relationship education.

Childrens Mental health/ Groups

Family Assessment Consultation Education Therapy Services (FACETS) is a clinical therapy team consisting of experienced social workers, clinical psychologists and a perinatal, child and adolescent psychiatrist.

The team provides a family focused therapy service for pre-school and primary school aged children and their families, addressing concerns about the child’s behaviour, emotions, social relationships and development. FACETS services are based at community health centres in Gosford (Gateway Centre), Woy Woy, Kincumber, Long Jetty, Lake Haven and Wyong Central.

FACETS offer the following services:
- information, education and advocacy for parents, carers and professionals
- comprehensive assessments to understand the needs of both the referred child and the family
- family therapy, utilising the resources of the family
- groups for children, parents and carers
- parent-child relationship therapy with a focus on attachment
- behaviour management
- child therapy

Families can refer their child directly by calling one of the centralised intake lines: For school age children, contact FACETS intake line on 4328 7988. For pre-school age children, contact the Perinatal intake line on 4328 7901.
SHOWCASE

At the beginning of the year our Indigenous students were invited to audition for selection to work with NAISDA at Kariong. Five of our students were successful and worked hard going to workshops and rehearsals throughout Terms 1 & 2. This dance group then performed at the Central Coast Dance Festival and Showcase. Well done to Ella Aldrick-Emanuel, Casey and Tahlia Nugent, Tyrece Tohu and Brock Wilson.

J Ruming, G Padroth, R Miller

SCHOOL BANKING

Payments may be made by students before school or during break. On the last day of term, Friday 23 September, payments will close at the end of break 1.

Did you know that you can make payments online? This is a secure payment page hosted by Westpac. You can pay: voluntary school contributions, subject contributions, excursions, sport, creative and practical arts, sales to students and other. Log onto the school site at: www.erina-h.school@det.nsw.edu.au, click on “Make a Payment” and follow the prompts to make a payment via Visa or MasterCard.

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MACQUARIE UNIVERSITY GLOBAL LEADERSHIP ENTRY PROGRAM

Congratulations to Nischala McDonnell of Year 12 who has been successful in receiving early entry into Macquarie University through the Global Leadership Entry Program. Nischala has accepted her offer and will now start a double degree in a Bachelor of Environment with a Bachelor of Laws in 2017.

Nischala has been a very active member of the Erina Learning Community throughout her high school career, leading and assisting in numerous fundraisers and leadership programs. We wish Nischala the best of luck as she now moves into tertiary education. Well done Nischala!

Mr Keyes and Miss Kearney (Year 12 Year Advisors)
<table>
<thead>
<tr>
<th>Activity</th>
<th>Age/Cost</th>
<th>Date/Location</th>
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<tbody>
<tr>
<td><strong>ARCHERY (INDOOR)</strong> - Get on target &amp; challenge the kids with this great Olympic sport. 10am-12pm or 1pm-3pm</td>
<td>8-15 years $20</td>
<td>Tuesday 4 October, Gosford</td>
</tr>
<tr>
<td><strong>CANOEING/KAYAKING</strong> - Experienced guides will ensure safety is the number one priority, followed closely by lots of fun. Participants must be able to swim 50 metres. 10am-12:30pm</td>
<td>10-16 years $33</td>
<td>Tuesday 4 October, Avoca Lagoon</td>
</tr>
<tr>
<td><strong>GYMNASTICS INTRODUCTION</strong> - 2 day program (indoor). This introductory program includes basic fundamental movement and gymnastic skills will be taught which would include specific apparatus safety in a fun and friendly environment with accredited coaches. - 12pm-2pm (4 hours in total)</td>
<td>5-12 years $30</td>
<td>Tuesday 4 October, Berkeley Vale</td>
</tr>
<tr>
<td><strong>PARKOUR (INDOOR)</strong> - is a non-competitive physical discipline of training to move freely over and through any terrain/surface using only the ability of the body principally running, jumping, climbing improving attributes required for movement which include functional strength, fitness, balance, spatial awareness, agility, co-ordination, precision, control and creative vision. When booking, please advise your child's experience (if any) with Parkour. 3-5pm (2 hour program in total)</td>
<td>7-13 years $20</td>
<td>Monday 26 September or Tuesday 4 October, Berkeley Vale</td>
</tr>
<tr>
<td><strong>SAILING</strong> - 3 day program. Join in on the fun on the water and learn to sail. Catering for beginners to advanced, this program is taught by Yachting Australia instructors on dinghies. Participants must be able to swim 50 metres. 9:30am-3:30pm (18 hours in total).</td>
<td>7-16 years $195</td>
<td>28, 29 &amp; 30 September (Wed-Thurs) or 5, 6 &amp; 7 Oct (Wed-Thurs), Gosford Sailing Club</td>
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<tr>
<td><strong>SURF LIFE SAVING</strong> - Kids will learn about beach and surf recreation whilst having loads of fun. 10am-2pm. (Parents must be at beach by 2pm to pick up participants).</td>
<td>8-15 years $20</td>
<td>Friday 7 October, Terrigal Beach</td>
</tr>
<tr>
<td><strong>SURFING</strong> - Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied. You’ll be stoked with your progress in our 3-day course. (4.5 hours in total).</td>
<td>7-16 years $95</td>
<td>28, 29 &amp; 30 September or 5, 6 &amp; 7 October at Umina or Avoca Beaches (Wed-Thurs - times vary at both beaches, please check on booking)</td>
</tr>
<tr>
<td><strong>STAND UP PADDLE</strong> - It's fun and easier than you think. Within just one lesson, we will have you up and paddling. This program is jam-packed with useful tips and techniques so you quickly gain skill and confidence. 10:30am-12:30pm.</td>
<td>11-16 years $33</td>
<td>Wednesday 5 October, Avoca Lagoon</td>
</tr>
<tr>
<td><strong>TENNIS GOSFORD</strong> - 3 day program. This great value clinic for 5 to 16 year olds is run by experienced coaches from Gosford Tennis Centre and caters for all levels. It doesn't matter whether you have never played or if you want to improve your skills. This clinic covers all aspects of the game including court etiquette, the different shots (forehand, backhand, volleys etc) and learning the rules, matchplay and scoring. Lunch is included each day. If torrential rain or extreme heat (38 degrees &amp; above) is predicted, the program will go ahead, however, we will do our best to contact clients beforehand to see if they would like to still attend on that day of the extreme weather event. If not, a partial refund may be offered. 9am-3pm (18 hours in total for 3 day program)</td>
<td>5-16 years $130</td>
<td>28, 29 &amp; 30 September (Wed-Thurs)</td>
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All program fees include GST. For other information on each program, please phone 02 4362 3184 or see www.sportandrecreation.nsw.gov.au
Youth Services
School Holiday Program

MONDAY 26

Idea to Screen: Short Film Program
The Hub, Erina
10am to 1pm
Workshop 1: Acting, test and subtext. Acting For Film. For actors/directors who want to create their own films, TV or YouTube channel. Develop performance-driven scenes and capture them for the screen. This is a drama class with professional filmmaking equipment.
Cost: $90 for 3 x workshop series
Ages 15 to 25 years
To book, call 4348 2071 or email jennifer.dias@centralcoast.nsw.gov.au

Karingad Vacation Care Indoor Sports Day
Karingad Youth Centre
10am to 2pm
Join us for a fun sports day - all primary school children welcome. Children can be dropped off and picked up from Karingad Neighbourhood Centre outside these hours (between 8:30am to 6:30pm).
Parents must provide lunch, snacks, and a drink bottle.
Cost: $60 per child
Bookings via www.knc.net.au/oosh.
For enquiries, call 4348 4561 or 4304 7039.

TUESDAY 27

Grasshopper Soccer Holiday Fun Days
Karingad Youth Centre
9am to 3pm
Morning tea, afternoon tea and free water bottle included. Children will be fully supervised and no pass outs available. Ages 5 to 12 years.
Cost: $75 per day.
Sibling discount: Pay $55 for second child per family.
Three-day special: book three days for $220 per child, saving $25.
To book, call 4348 2071 or 4304 7039, or visit www.facebook.com/grasshoppercarrad.

Amy Cash Fitness: Kids School Holiday Mixed Soccer Gala Day
Karingad Oval Mini Fields, 98 Mitchell Dr
School Years 1-6: 8.40am to 3pm
School Years K-2: 9am to 3pm
There will be games and prizes on the day. Cost includes coloured team shirt, morning tea, fruit, break, lunch and sunscreen.
Cost: $30 per child.
To book, call 4348 390 011.

WEDNESDAY 28

Idea to Screen: Short Film Program
The Hub, Erina
10am to 1pm
Workshop 2: Capturing your scripted dialogue to best effect on camera. Cost: $90 for 3 workshops.
Ages 15 to 25 years
To book, call 4348 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Music Jam Workshop
Karingad Youth Centre
12pm to 3pm
Learn a musical instrument. Ages 10 years+
To book, call 4325 8102.

Beginner BMX Skills Workshop
Karingad Skate Park, Mitchell Drive
12pm to 1.30pm
Ages 5+
Cost: Free.
To book, call 4304 7039.

Idea to Screen: Short Film Program
The Hub, Erina
10am to 1pm
Workshop 3: Editing your action performance.
Cost: $80 for 3 workshops.
Ages 15 to 25 years.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Surf Skills
Umina Beach
2pm to 3.15pm
Central Coast Surf Academy will teach you the basics of surfing and surf safety.
Ages 10 years.
Cost: $10.
To book, call 4325 8102.

THURSDAY 29

Grasshopper Soccer Holiday Fun Days
Karingad Youth Centre
9am to 3pm
Morning tea, afternoon tea and free water bottle included. Children will be fully supervised and no pass outs available. Ages 5 to 12 years.
Cost: $75 per day.
Sibling discount: Pay $55 for second child per family.
Three-day special: book three days for $220 per child, saving $25.
To book, call 4348 2071 or 4304 7039, or visit www.facebook.com/grasshoppercarrad.

Drama Workshop with Selena Maloney
Karingad Youth Centre
6-10 years: 9.30am to 11.30am 11-16 years: 9am to 1pm
Engage in confidence-building drama exercises and explore character-building virtues.
Cost: $31.
To book, call 4325 8102 or email shinemusicaltheatres@gmail.com

Idea to Screen: Short Film Program
The Hub, Erina
10am to 1pm
Workshop 4: Mastering camera work. Cost: $50 for 3 workshops.
Ages 15 to 25 years.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

FRIDAY 30

Vocal Master Class Workshop
The Hub, Erina
10am to 12pm
The workshop is for singers looking to prepare for auditions, for performances, or for the recording studio.
Ages 7 to 14 years. Cost: $20.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Solo Artist and Bands: Free Recording Day
Karingad Youth Centre
11am to 4pm
Whether you are a band, solo artist or rapper - come along and record your songs for free.
Ages 11 years+
To book your session time, call 4325 8102.

Anime Workshop
Karingad Youth Centre
10am to 12pm
Karingad Library and the Youth Centre present Matthew Lin - well known artist and illustrator - to show you how to draw your own anime characters. Ages 9 to 15 years.
To book, call 4325 8359 or 4304 7039.

DJ Bootcamp
The Hub, Erina
1pm to 4pm
Day 2 of a 2 day intensive training session in the fundamentals of DJing.
Ages 12+, Cost: $50.20 workshops.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Coding Club
Karingad Youth Centre
1pm to 3pm
This workshop will help young people learn to reason systematically and think creatively using interactive media, stories and games. Available to book, call 4304 7039.

Community Movie Night
Karingad Youth Centre
6pm Bring your own comfy chairs down to the centre for a movie screening from 6pm.
For enquiries, call 4325 8102.

Battle of the Bands
The Hub, Erina
6.30pm to 9pm
Heard some great local musos battle it out. See you there.

Surf Skills
Umina Beach
2pm to 3.15pm
Central Coast Surf Academy will teach you the basics of surfing and surf safety.
Ages 10 years.
Cost: $10.
To book, call 4325 8102.

Mixed Martial Arts
The Hub, Erina
4pm to 5pm
Increase your fitness, learn the art of self defence, build self discipline, and develop your self-confidence and sense of community. Ages 12 to 18 years.
Cost: $60.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Idea to Screen: Short Film Program
The Hub, Erina
10am to 1pm
Workshop 5: Mastering camera work. Cost: $50 for 3 workshops.
Ages 15 to 25 years.
To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Music Jam Workshop
Karingad Youth Centre
12pm to 3pm
Learn a musical instrument. Ages 10 years+
To book, call 4325 8102.

T-Shirt Making
Karingad Youth Centre
1pm to 2.30pm
Create your own custom t-shirt, in a design you love. Ages 8+- years.
Cost: $3.
Limited spots available - to book, call 4325 8102.

Intermediate BMX Skills Workshop
Karingad Skate Park, Mitchell Drive
12pm to 1.30pm
Ages 6+- Cost: Free.
To book, call 4304 7039.
Youth Services
School Holiday Program

MONDAY 3
CLOSED
Public Holiday

TUESDAY 4
Grasshopper Soccer Holiday Fun Days
Karingal Youth Centre
9am to 3pm
Morning tea, afternoon tea and free water bottle included. Children will be fully supervised and no pass outs available. Ages 5 to 12 years.
Cost: $5 per day.
Sitting discount: Pay $55 for second child per family.

Bricks For Kids
Karingal Youth Centre
10am to 12pm
Join us for an awesome mining and crafting LEGO® brick workshop, where education and learning is all about creativity and fun. Ages 5 to 12 years.
Cost: $15 per child.
To book, visit www.bricks4kids.com.au
For queries, call 4342 9735 or 4340 7093.

WEDNESDAY 5
DJ Bootcamp
The Hub, Erina
9am to 12pm
Day 1 of a 2 day intensive training session in the fundamentals of DJing.
Ages 12-17 years.
Cost: $40 (2 workshops).
To book, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

THURSDAY 6
DJ Bootcamp
The Hub, Erina
9am to 12pm
Day 2 of a 2 day intensive training session in the fundamentals of DJing.
Ages 12-17 years.
Cost: $40 (2 workshops).
To book, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

FRIDAY 7
Dance Off: Dance Masterclass
The Hub, Erina
1pm to 3pm
Ages 7 years.
To book, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Paper Planes
Karingal Youth Centre
2.30pm to 4pm
Make your own paper planes and fly them in a series of challenges.
Ages 8 to 12 years.
Cost: Free.
To book, call 4325 8155 or 4340 7093.

Under 18s Dance Party
Kincumber Youth Centre
6pm
Enjoy a night of dancing and fun with your friends. For more information, check out our event partners website: www.ovationssunder18s.com
Ages 8 to 12 years.
Cost: $5
For enquiries, call 4325 8102.

Surf Skills
Soldiers Beach
1pm to 2.15pm
Grasshopper and Kincumber Youth Centre.

T-Shirt Making
Kincumber Youth Centre, 1pm to 2.30pm
Create your own custom t-shirt, in a design you love. Ages 8-12.
Cost: $3.
Limited spots available - to book, call 4325 8102.

Coastal Central
Council

THE HUB, ERINA
North Coast Road
Erina Fair (near the yellow carparks)
The Hub Youth Entertainment Centre offers structured programs, drop in activities, Surf Life Saving, kids craft, gardening, and special holiday activities. They also offer information and referrals for young people, and this service is available for free. Please contact us to find out more.

For More Information
Phone 4344 7071 or email jennifer.dias@centralcoast.nsw.gov.au

SCOOTER SKILLS WORKSHOP
Karingal Skate Park, Mitchell Drive
Beginner: Ages 5-9 years, 12pm to 1:30pm
Intermediate: 1:30pm to 3pm
Cost: Free.
To book, call 4340 7093.

DIAMONDS WORKSHOP
The Hub, Erina
1pm to 3pm
Ages 8-12.
Cost: $5.
To book, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Surf Skills
Soldiers Beach
1pm to 2.15pm
Sandba English will teach you the basics of surfing and surf safety.
Ages 10+ years.
Cost: $10.
To book, call 4325 8102.

DANCE OFF: DANCE MASTERCLASS
The Hub, Erina
1pm to 3pm
Ages 7 years.
To book, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

SEA FM DISCOVERED SEMI FINAL 1
The Hub, Erina
6.30pm
A competition for unsigned singers. Join the audience, support your favourite performer.
Cost: $5
For enquiries, call 4340 7071 or email jennifer.dias@centralcoast.nsw.gov.au

MOVIE NIGHT: PAPER PLANES
Karingal Library
7pm to 9pm
Bring a cushion and watch the movie Paper Planes. Popcorn and a drink provided at intermission.
Cost: Free.
To book, call 4325 8155 or 4340 7093.
Central Coast Run Jump Throw

2016-2017 Season

At CC Regional Athletics Centre, Wyong Road Mingara
Hosted by the Mingara Athletics Club Inc

FOR EVERYONE - all ages abilities to run, jump & throw and have fun on a regular basis.

September to March at the Mingara Athletics Track most Saturdays
The program starts at 8:30am.

Age Groups:
Under 10
10 to 13
14 to 16
17 to 20
Open
40 to 49
50 to 59
60+

Point Score for your age group for your age on 30 September
The runs, jumps & throws are divided into 7 event categories.
Each event category has a points score for each age group.
You can enter any event and any event category.

Cross Country:
Throws:
Sprints:
Jumps:
Middle Distance:
Distance & Walks

Roughly 2km
Javelin, Shot Put & Discus
100m, 60m & 200m
Long Jump, High Jump & Triple Jump
800m, 400m & 600m
3km, 1km & 1500m

New in 2016/2017:
Double Points in January
Revised timetable – Distance on earlier

Pre-season and Rego Days
Sep 10 & 17, Oct 1

Points Score Rounds
15 Oct A 3 Dec C
22 Oct B 7 Jan A
29 Oct C 14 Jan B
5 Nov A 28 Jan C
12 Nov B
24 Dec Christmas BBQ & A
4 Feb Non-points B
11 Feb Awards & BBQ & C
Non-Points End of Season
4 Mar A 18 Mar B

CCRJT 2016/17 Fees
No changes for Daily Fees for General Members

<table>
<thead>
<tr>
<th>Mingara Athletic Club ANSW Members &amp; Little A Members with MAC Senior Club</th>
<th>Annual Member</th>
<th>General Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seniors</td>
<td>$90</td>
<td>$10 membership plus $6 per meet</td>
</tr>
<tr>
<td>U20/Students/Pensioners</td>
<td>$70</td>
<td>$10 membership plus $4 per meet</td>
</tr>
<tr>
<td>Family (within reason)</td>
<td>$230</td>
<td>$20 membership plus $15 per meet</td>
</tr>
</tbody>
</table>

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<tr>
<th>Central Coast Run Jump Throw only Members</th>
<th>Annual Member</th>
<th>General Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seniors</td>
<td>$110</td>
<td>$20 membership plus $6 per meet</td>
</tr>
<tr>
<td>U20/Students/Pensioners</td>
<td>$75</td>
<td>$15 membership plus $4 per meet</td>
</tr>
<tr>
<td>Family (within reason)</td>
<td>$260</td>
<td>$40 membership plus $15 per meet</td>
</tr>
</tbody>
</table>
Wamberal Surf Life Saving Club
2016 Registration Information

BECOME A WAMBERAL NIPPER

Our Junior Activities Program or ‘NIPPERS’ (5 - 14yrs) is a great opportunity for families to become involved in Surf Life Saving. More importantly however, Nippers teaches kids how they can help themselves and their friends stay safe at the beach while having heaps of fun along the way.

Nippers is held on Sunday mornings throughout summer and teaches invaluable surf safety and lifesaving skills. Come along to our registrations to find out more.

BECOME A WAMBERAL LIFE SAVER

Our Life Savers (15 years and up) provide 5-8 hours a month during summer patrolling the beach. It’s satisfying, fun and rewarding. You can lead a fit and healthy lifestyle and become trained in aquatic safety skills, compete in surf sports and you may even help save someone’s life. Come along to our registration day to find out more and join WSLSC.

REGISTRATION DAY

Sunday 19th September, 9am – 12pm
Wamberal SLS C. 1 Dover Road Wamberal

Or join online: https://sls.com.au/join/

For more information please contact Wamberal Surf Life Saving Club
P: 02 4385 2322 or E: admin@wamberalsurfclub.com

Please bring birth certificate or passport for proof of age and ID.

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terrigaldental

We love kids!

Bring your child to us for a *no gap* check-up and clean and they can enjoy a Netflix movie of their choice on our TV!

NETFLIX

Appointments available Monday to Friday, late night Tuesdays and selected Saturdays

(02) 4384 2101
Suite 1/12 Kurrawyba Ave Terrigal

www.terrigaldental.com
*Must be with a health fund
$50 for your first 1 hour lesson
* for new students only
- Teaching Safe Driving Techniques
- Gift Vouchers Available
- Manual & Automatic Lessons
- Female & Male Instructors
- Patient, Encouraging & Punctual instructors

FREE
KEYS 2 DRIVE
Government Funded Lesson

Book Online at
www.awesomedrivingschool.com.au

Marni’s Studio of Performing Arts
- Studios @ Terrigal, Berkeley Vale andNarrabeen
- Classes are held at Terrigal Primary andTerrigal Scout Hall on Wednesday afternoons
- All ages welcome from Pre-School to High School
- Jazz, Contemporary, Hip-hop, Classical Ballet, Tap, boys only classes

Marni’s.com.au
Celebrating 28 years on the coast
Ph 43336232 or 0412710052
for more information

Pirates Baseball Club

Pirates Baseball Club are looking for junior players for Under 8s, Under 10s, Under 12s & U14s teams. We are also looking for players over the age of 14 for our 5th - 1st grade teams.

Registration Days
Sunday 4th, 11th, 18th & 25th of September
10am to 12 at Adcock Park West Gosford

For further enquiries;
Juniors contact Belinda Carr on 0416 100411
Seniors contact Phil Davidson on 0407 700608
For more information go to our Facebook page or www.gosfordpiratesbaseball.com